



# KITCHEN CLEANING CHECKLIST



**OUT OF CLUTTER  
FIND  
SIMPLICITY.**



## DAILY CLEANING TASKS:

- EMPTY DISHWASHER
- CLEAN UP DISHES/RELOAD
- DECLUTTER COUNTERTOPS
- WIPE DOWN COUNTERS
- SWEEP THE FLOORS

## WEEKLY CLEANING TASKS:

- CLEAN OUT REFRIGERATOR
- TAKE OUT RECYCLING
- WIPE DOWN APPLIANCES
- WIPE DOWN DOOR HARDWARE
- MOP FLOOR

## MONTHLY CLEANING TASKS:

- CLEAN COFFEEMAKER
- CLEAN OVEN
- CLEAN MICROWAVE
- CLEAN INSIDE FRIDGE
- CLEAN GARBAGE CAN
- CLEAN SINK
- CHECK CLEANING SUPPLIES AND RESTOCK IF NEEDED

## MUST DO'S FOR TOMORROW:



**3 THINGS I'M  
GRATEFUL FOR:**

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- 
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**MY ONE WIN  
TODAY:**

**TOMORROW  
WILL BE GREAT  
BECAUSE:**